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**VIDEO AND AUDIO FILMING TIPS**

In order to provide the highest quality content possible, we have created a few tips to help you out. Please see our video and audio filming tips below:

Video filming tips:

1. Wipe your phone camera lens
2. Record from back camera lens
3. Set the phone on landscape (turn the phone on its side)
4. Sit in front of a window with the outside light shining in
5. Minimal background distractions
6. Use a tripod if possible

Audio filming tips:

1. Speak loudly and clearly
2. Be sure you are in a quiet, open space
3. Use a tripod if possible
4. Use a voice recording app (if this is not possible, use your camera app)
5. Be sure your mic level is all the way

If you have any questions regarding filming tips please contact us at [editorinchief@browngirldiary.com](mailto:editorinchief@browngirldiary.com) and CC: [ashleyabdul@browngirldiary.com](mailto:ashleyabdul@browngirldiary.com) and we will reply to your email promptly